


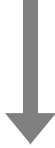


The Clinical Process: The Preventive Services Examination

Process	Purpose	Strategies	Tools and Forms	Educational Materials
Identify 	Initial determination of need for comprehensive and structured approach to prevention management and patient education.	Office policy- patient request, first visit after birthday, more than one year since prior preventive evaluation.	Prevention information at: http://www.ahrq.gov/clinic/prevenix.htm	Office posters/brochures: collection at: http://www.ahrq.gov/ppip/pporder.htm
Prepare 	<p>Engage patient in learning about evidence-based preventive strategies.</p> <p>Develop and record patient preferences regarding specific target conditions and approaches. Gather necessary information to determine the approach to therapy.</p>	<p>Patient receives and reads Prevention and Aging: Basics.</p> <p>Patient receives and completes in advance Staying Healthy for the Older Adult guide and checklist which teaches basic preventive strategies and choices.</p> <p>Office staff provides additional information requested regarding decisions, transfers preferences to Prevention Exam Checklist.</p>	<p>Staying Healthy for the Older Adult, A Guide on How to Take Charge of Your Health</p> <p>Staying Healthy for the Older Adult, Checklist</p> <p>Staying Healthy for the Older Adult, Prevention Exam Checklist</p> <p>Medical History Questionnaire (when needed)</p>	Prevention and Aging: Basics
Evaluate 	<p>Perform and document the Prevention Exam Checklist.</p> <p>Discuss and decide choices to be made.</p>	<p>Use the forms provided to prompt and record the necessary evaluation.</p> <p>Administer or perform additional scales and tests as indicated</p>	<p>Staying Healthy for the Older Adult, Prevention Exam Checklist</p> <p>Additional Tests and Tools (GDS, PHQ-9, CAGE, Get Up and Go, and so forth)</p>	<p>Winning at Weight Loss</p> <p>Healthy Eating</p> <p>Exercise for Good Health</p> <p>Stretches</p> <p>Depression / Depression GDS</p> <p>Falls and Home Safety</p> <p>What Is a Physical Therapist</p>

Process	Purpose	Strategies	Tools and Forms	Educational Materials
Evaluate, <i>continued</i> 				What Is an Occupational Therapist Alcohol Use and Abuse Smoking: It Is Never Too Late to Stop Hearing Loss Aging and Your Eyes Immunizations High Blood Pressure Cholesterol Electrocardiogram (ECG or EKG) Diabetes Osteoporosis Skin Cancer Colon Cancer Breast Cancer Cervical Cancer Prostate Cancer
Orders, Education, and Follow-up	Arrange tests, appointments, and referrals. Provide information to help in difficult decisions. Schedule follow-up for issues requiring monitoring.	Office staff fills orders indicated on the Preventive Services Exam form for tests, referrals, and additional educational handouts Set appointment for any issues remaining.	Staying Healthy for the Older Adult, Prevention Exam Checklist Staying Healthy Flowsheet — Men Staying Healthy Flowsheet — Woman	See Evaluate section for Educational Materials