Evaluation of Depression

Why Is Evaluation Necessary?

A number of medical conditions can cause or contribute to depression. For instance, some blood problems can cause symptoms much like depression. For this reason, before prescribing a treatment, your doctor needs an accurate diagnosis of your problem. The key to accurate diagnosis is understanding how you feel inside and how your problems developed.

What Will My Doctor Ask Me?

To make an accurate diagnosis, your doctor will...

- Ask about your symptoms.
- Ask about your general health.
- Check your medications for those that can cause depression.
- Ask about your family history of general medical and mental disorders.
- Give you a physical examination.
- Conduct some basic laboratory tests.